



# HUNTINGDON PUBLIC SCHOOL

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Principal: Peta Harris



Weekly Newsletter 26  
Term 3 Week 4  
Tuesday 14<sup>th</sup> August 2018

## Newsletter

**MISSED A COPY OF OUR NEWSLETTERS?** You will find them on our school website. Our school's website is found at:  
<http://www.huntingdon-p.schools.nsw.edu.au/>

**RECEIVING OUR WEEKLY NEWSLETTERS BY E-MAIL ...** Please contact the school so we can add your name to our ever growing list of families receiving their newsletters by e-mail.

<b>Mon 13<sup>th</sup> August - Thurs 16<sup>th</sup> August</b>	<i>Small Schools Excursion to Sydney</i>
<b>Friday 24<sup>th</sup> August</b>	<i>Book Week Parade and Booknic</i>
<b>Wednesday 29<sup>th</sup> August</b>	<i>Surf Safety Talk</i>
<b>Monday 3<sup>rd</sup> September</b>	<i>P&amp;C Meeting @ 3.30pm</i>
<b>Saturday 22<sup>nd</sup> September</b>	<i>Sesquicentenary Celebrations 10am-4pm</i>

### *It's a Boy*

Last week, our lovely Mrs Burns gave birth to a healthy baby boy, Koby Burns. Both mum and bub are doing very well! Congratulations Mr and Mrs Burns and welcome to the world, Koby!



### *Small Schools Sydney Excursion*

Yesterday morning, bright and early, 23 very excited students joined Mrs Marks to depart for Sydney. They had a very smooth trip down to the big city and the fun began the minute they arrived with a trip to Taronga Zoo. Today, the students are heading to Parliament House, the aquarium, Madam Tussaud's and Centrepont Tower. Mrs Marks reports that everyone is having a great time and have packed their 3 Cs with them. Keep an eye out for notifications on our Skoolbag App. I will be giving you daily updates on Skoolbag!



## Assembly

Congratulations to all of our assembly award recipients for Week 3. A big thank you to all of the parents, family members and friends who joined us to recognise our students. It is so lovely to have you in our school. Congratulations to **Calais, Sam, Brayden, Ethan, Jett, Violet, Flinn, Bella and Haylee**.



## Book Week Celebrations

Book Week is almost here! It is being held from Monday 20<sup>th</sup> August through to Friday 24<sup>th</sup> August and our school will be holding our Book Week activities on Friday 24<sup>th</sup> August. The theme for this year's Book Week is *Find Your Treasure!* We are hoping that our mums, dads, friends and family will be able to help us find our treasure through books by joining us on the day.

All students are encouraged to come to school dressed up as their favourite book character. Please remember that our celebrations are Book Week Celebrations and not Television or Movie Celebrations. Rather than dress up as a movie character, students are encouraged to bring or borrow the book that their character is in and parade with that book in their hand. We will be completing some writing activities in class in the morning about the character we have dressed up as and during the parade we will conduct some red carpet interviews.

Elizabeth from the Library Van will be joining us and will entertain us with a live reading of one of her favourite stories. Our Parade and entertainment will begin at 10am. Following the parade, we would love you to join us for our very first BOOKNIC! A bit like a picnic, but with books. Bring a packed picnic morning tea to share with you child/children, a picnic rug and pop into the library, classroom or the Book Fair to purchase or borrow some books to share over morning tea.

Miss Harris will also have a Book Fair set up in the Library for parents and students to purchase books for themselves or to donate to our Library.

We look forward to seeing you on Friday 24<sup>th</sup> August at 10am sharp!



## *School Security*

Unfortunately in the early hours of Monday morning, our school was broken into. Yesterday, O'Donnell and Hanlon were here fixing, replacing and upgrading the damaged locks and doors. To further enhance security at our school, all gates will now be chained and padlocked of an afternoon after students and staff leave. We ask that all members of our school community support us in being vigilant about the security of our school by monitoring any activity in the school grounds outside of school hours. If you see strange vehicles in or around the school grounds outside of school hours, please contact Wauchope Police and they will send a patrol car out.

## *Sesquicentenary Celebrations*

Our sesquicentenary celebrations are well into the planning stage and the school community would like to thank Mrs Sue Troth for her dedication and hard work in the planning and organisation of this event. Sue is currently in the process of putting together a documentation of the history of Huntingdon Public School to be published in a book form and available for sale at our Family Fun Day on Saturday 22<sup>nd</sup> September. If you can support Sue in the development of this book, please contact the school.

We will also be staging a Bric-a-Brac stall on the day as a fundraiser for the school. If you are thinking about having a clean out and have some items you can donate to this stall, your contribution will be greatly appreciated. Any items you feel would be suitable for this stall can be dropped off at the school office at any time.

If you are interested in being a part of the organising committee for this event, please contact the school office.

## *NAIDOC Celebration Day*

A wonderful day was had by all on NAIDOC Celebration Day which formed part of our Education Week Celebrations. The Aboriginal Women's' Group provided many fun and educational activities for all the students from Kindergarten to Year 6. Three activity sessions were run on the day and students rotated through all three of the activities. The activities included art, movement and language with Aunty Rhonda and Aunty Angela, weaving with Aunty Trish and singing, language and games with Aunties Taylia, Lori-Ann, Kathy and Tianna. It was an exciting, fun and educational day for all.



## NRL Skills Sessions Term 3

In Term 3, Huntingdon Public School were very excited to begin a NRL Skills Program with Mr Pat Preston from NSW NRL. This Program will run for the first 5 weeks of this term. Mr Preston handed out a leaflet to all the children at the school on Friday the 27<sup>th</sup> July, the first day of the NRL Skills Program on which there was an email which will enable those who wish to do so to claim a free footy. Please follow the instructions on the leaflet if you wish your child to claim his/her free football. Mr Preston will be bringing the footballs to school in Week 5 for the students who have registered.

## Attendance Matters

*Did you know that having ONE day off a week adds up to missing nearly a whole term for the school year? If this pattern continues for the 13 years of schooling your child will actually miss out on 2.5 years of their education.*

It is important that students attend school every day. Please don't allow your child days off for birthdays, to look after younger children, to go shopping or because they were tired from a late night playing PlayStation. Children who are used to having days off school for these kinds of reasons may develop an attitude that school attendance is not very important to you, the parent. Non-attendance and lateness to school can develop into a habit, and habits are hard to break.

It is important to convey to your child the positive and supportive attitude that you have towards their school, their teachers and the importance that you place on their education. If you have any concerns regarding your child's attendance you can contact Ms Harris, the classroom teacher or the Home School Liaison Officer. We can be successful if we work together towards that common goal.

Take care,  
Annie Stanford  
Home School Liaison Officer



### Live Life Well @ School

**Signs of excessive screen time in children:**

- Eye strain
- Poor sleep
- Overweight
- Learning impacts
- Postural discomfort

**Parent tips to reduce screen time:**

- ✓ Start with small reductions to lessen resistance
- ✓ Plan screen free time like outdoor play, dancing to music or a nature walk
- ✓ Lead by example, aim to reduce your own screen time
- ✓ Reward good behavior with one on one parent-child time
- ✓ Turn off devices 1 hour before bedtime



Health  
NSW Mid North Coast  
Local Health District

### Live Life Well @ School

**Active Kids Learn Better**

Children who participate in regular physical activity have:

- improved concentration
- better school attendance
- reduced inappropriate behavior
- better on-task classroom attention

Vigorous physical activity leads to higher exam results too!

**Tips to keep your child active:**

- walk or ride to school once a week or more
- enjoy active family time at the park or beach
- set screen time limits and replace with active play



Health  
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### Live Life Well @ School



Average cost \$1.80

Average cost \$4.40

**Healthy lunchboxes save money**

Compare the lunchboxes above. Cost comparisons using a leading supermarket saves you \$2.60 a day. That's a saving of \$515 per year for 1 child!

For more information: [Let's Look at Lunches](#)

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### Live Life Well @ School



**Free online nutrition program for children aged 4-11 years to get healthy**

The University of Newcastle is offering this study to help improve children's eating habits, it includes:

- 2 dietitian telehealth consultations
- 3 months access to nutrition website
- parents facebook support group

Recruitment is open until 31 July 2018, spaces limited.

To register click [here](#)

Or email [p2bfamily@newcastle.edu.au](mailto:p2bfamily@newcastle.edu.au)

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### Live Life Well @ School



**Fruit & Veg'tember**

Fruit & Veg month is from 3rd - 28th September, aiming to help Aussie kids eat more fruit & veg. Here's some great ideas to get fun & fruity or very veggie with your kids!

- nibble on nature's snack: fresh fruit!
- role model eating veg each meal
- talk about where fruit & veg come from
- let your child pick a new veg each week

For more information: [www.healthy-kids.com.au](http://www.healthy-kids.com.au)

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